



Affirmations

For

Healthy Christian Women

I deserve the healthiest version of myself

I am grateful in the state I am right now

I choose God given healthy nutrient rich food

I choose to speak in love

I'm eating clean and plenty of green food

I am in the process of God's healing power

I am refreshing my soul and drinking more water

I am focused on what matters most

I am investing my time in my health

In Christ I am determined and strong

Today I focus on God to fill me with peace of mind

I am fully blessed and grateful

My heart is receptive and actively seeking the right path

I prayed to God and he filled me with joy

The comfort of the Holy Spirit warms my bones

Every day I feel better about life

I am eating healthier and consistent

I am willing to go the distance for God

Challenge makes me stronger and wiser

My life is filled with beauty and grace



Affirmations For Healthy Christian Women

SEE FREE RESOURCES SPECIALS

Be sure to checkout By Clicking The Text:

**The FREE - powerful mindshift teaching
<http://tiny.cc/healyoursoul>**



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